

DRY NEEDLING CONSENT AND REQUEST FOR PROCEDURE

Dry Needling involves inserting a monofilament needle into different tissues of the body in order to cause a neuromusculoskeletal effect, including the release of shortened bands of muscles and decreased trigger point activity. This can help resolve pain and muscle tension, and will promote healing. Dry needling is not traditional Chinese Acupuncture, but is instead a physical therapy treatment that is based on western medical concepts. Your physical therapist is trained in Dry Needling and has met requirements and demonstrated competency in Dry Needling. All training was in accordance with requirements dictated by Moreau Physical Therapy and the Louisiana Physical Therapy Board rules.

Dry Needling is a valuable and effective treatment for neuromusculoskeletal pain. Like any treatment, there are possible complications. While complications are rare in occurrence, they are real and must be considered prior to giving consent for treatment.

Risks: The most serious risk with Dry Needling is accidental puncture of a lung (pneumothorax). If this were to occur, it may likely require a chest x-ray and no further treatment. The symptoms of shortness of breath may last for several days to weeks. A more severe puncture can require hospitalization and re-inflation of the lung. This is a rare complication, and in skilled hands it should not be a major concern. Other risks include injury to a blood vessel causing a bruise, infection, and/or nerve injury. Bruising is a common occurrence and should not be a concern.

Patient's Consent: I understand that no guarantee or assurance has been made as to the results of this procedure and that it may not cure my condition. My therapist has also discussed with me the probability of success of this procedure, as well as the probability of serious side effects. Multiple treatment sessions may be required/needed, thus this consent will cover this treatment as well as consecutive treatments by this facility. I have read and fully understand this consent form and understand that I should not sign this form until all items, including my questions, have been explained or answered to my satisfaction. With my signature, I hereby consent to the performance of this procedure. I also consent to any measures necessary to correct complications which may result.

Procedure: I, _____, authorize Moreau Physical Therapy to perform Dry Needling as part of my physical therapy intervention.

Please answer the following questions:

Are you pregnant? Yes No Are you immunocompromised? Yes No Are you taking blood thinners? Yes No
Have you had a fever or known infection in the past 24 hours? Yes No

DO NOT SIGN UNLESS YOU HAVE READ AND THOROUGHLY UNDERSTAND THIS FORM.

You have the right to withdraw consent for this procedure at any time before it is performed.

Patient or Authorized Representative

Date

Time

Relationship to patient (if other than patient)

(Patient name printed)

Physical Therapist Affirmation: I have explained the procedure indicated above and its attendant risks and consequences to the patient who has indicated understanding thereof, and has consented to its performance.

Physical Therapist

Date

Time

Patient was offered copy of consent and refused

Patient was given copy of consent